

Welcome!

You are welcome to visit family and friends in nursing homes or at health and care institutions. However, corona is a contagious disease which can be very dangerous for the elderly and ill.

Therefore, please follow the following guidelines:

- Do not visit if you are not completely healthy - make a phone call instead
- Do not visit if you are waiting for the result of a corona test
- Do not visit if you have travelled abroad during the past ten days
- Do not visit if you are in home quarantine, in isolation or have been in close contact with someone who has the corona virus

If you can visit, remember:

- You must arrange the visit by telephone with the institution before you arrive.
- Wash your hands upon arrival and upon departure.
- Keep a minimum distance of one meter from staff and patients.
- A maximum of 2-3 people can visit at one time.

- The visit must be conducted either inside the patient's room or outside the building.
- Please do not enter the common areas.
- Upon arrival, we request you to sign our register and declare that you are healthy. It is not obligatory to do so, but should someone fall ill, this provides us with a helpful overview of who has visited recently. This record is deleted after 10 days.

Some people who receive help from the municipality live in shared housing but own their own apartment. The municipality cannot decide who can visit private homes. Nevertheless, we ask you to follow the recommendations for visits, because corona is a contagious disease which can be dangerous. If you are unsure of the guidelines for visiting, please contact those in charge of the place you wish to visit.

Thank you for helping us contain the spread of the virus!

Best Regards,  
Skien Kommune